An Efficient, Inexpensive, Clean Delivery System

This shows how to deliver ORS in a drink bag fashioned from a 1 quart Ziploc bag, plastic ribbon and a drink straw.



Cut two small holes above the zipper near each corner to tie a ribbon or string handle through.

Cut a snug hole for the straw just under the zipper

The snugger the hole the less leakage.

For 1.2 liters of fluid use a Ziploc brand storage bag.

Sit the bag on a flat surface, hold it by the upper lip, and fill it with clean water, up to a line at the top of the "c" in Ziploc.

Then add the ORS, zip it shut, and gently kneed the bag until dissolved.

**If you use a different brand bag, or you are using only 1 liter, you will have to determine where the fill line goes.

